



KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Pupil Services
Clayton Holland, Director

148 North Binkley Street, Soldotna, Alaska 99669-7553 Phone (907) 714-8881 Fax (907) 262-1374

8/1/13

TO: Building Administrators, Certified Special Education Staff

FROM: Clayton Holland, Pupil Services Director, KPBSD

RE: Student Restraint

Restraint is defined by the Office of Civil Rights as a personal restriction that immobilizes or reduces the ability of a student to move his or her torso, arms, legs, or head freely. The term physical restraint does not include a physical escort. Physical escort means a temporary touching or holding of the hand, wrist, arm, shoulder, or back for the purpose of inducing a student who is acting out to walk to a safe location. A physical escort or restraint must never be done in a manner that restricts the student's breathing, including placing the student in a prone position. With the exception of orthopedically prescribed devices that allow for transportation, medical immobilization, or proper body position, mechanical restraint is not allowed in the KPBSD.

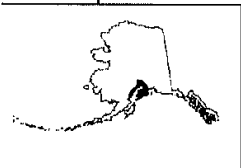
Physical restraint is prohibited unless needed as an emergency intervention. A district employee may use reasonable and necessary physical restraint only if necessary to ensure the immediate safety of the employee, the student, or others. This includes protecting the student or others from physical injury; to obtain possession of weapons or other dangerous objects, including a controlled substance upon or within the control of the student; or to protect property from serious damage or destruction. To the extent possible without compromising safety, other interventions should be attempted prior to the use of restraint. Restraint must be limited to that necessary to address the emergency and should be discontinued when the situation is controlled.

Steps must be taken to document restraints that occur and to prevent future restraint. If a child is restrained for any reason, the **Restraint Documentation form** must be completed and faxed to the Pupil Services office, Attn: Director, by the end of the day that the restraint occurs. If the person restraining the child was directed to do so, the person that directed the restraint must fill out Restraint Form 2 and forward it with the Restraint Documentation Form. Both restraint documentation forms are also online in the forms section: Pupil Services.

After a child is restrained, they will be checked by a school nurse, if a nurse is available. If no nurse is available, someone with first aid training should assess the child. Parents of the restrained child must be notified of the restraint the same school day that the restraint occurred.

The KPBSD requires that each building have staff members trained in a crisis intervention program (MANDT). Those schools/classrooms with students more at-risk for restraint will have additional staff members trained as needed to meet the safety needs of the school population.

If you have any questions call the Pupil Services Department



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To: Building Administrators, Certified Special Education Staff

From: Clayton Holland, Director of Pupil Services, KPBSD

Subject: Student Seclusion

Seclusion means the involuntary confinement of a student alone in a room or area in a manner that prevents the student from leaving. Seclusion does not include time-outs (calming rooms), a student's voluntary choice to enter a secluded environment, detention, or in-school suspension rooms that are utilized for instructional purposes and other environments where a student is not alone in the room or where the student is not prevented from leaving. "Time-outs" are behavior interventions to provide a student with an opportunity to regain self-control or engage in problem solving where the student is separated from other students for a limited period in a setting that is not locked and from which the student is not physically prevented from leaving. Time-out includes placing a student in an area of the classroom where the student observes classroom instruction but does not participate.

Seclusion of a student is prohibited unless needed as an emergency response to protect the employee, the student, or others from physical injury; to prevent the use of a weapon, other dangerous object, or controlled substance; or to protect property from serious damage or destruction.

Seclusion should be employed only when less restrictive interventions have been determined to be ineffective or inappropriate for maintaining safety. Seclusion should last only as long as necessary to resolve the actual risk of danger or harm, to allow the student at risk to compose him or herself and return to the educational environment, or while awaiting the arrival of law enforcement or crisis intervention personnel. Seclusion should never be used as a form of discipline, to force compliance, as a convenience for staff, or as a substitute for appropriate educational support.

While in a seclusion setting, a student must be continuously observed by an adult both visually and aurally for the entire period. Students must be provided necessities such as restroom breaks and food and water as needed. Any signs of medical distress should be immediately addressed. Seclusion must be sensitive to any particular vulnerabilities of the student and to the student's developmental level.

This policy does not prohibit the inclusion of safe restraint or seclusion in a student's Individualized Education Plan or behavioral intervention plan if determined appropriate by the IEP team after considering all less restrictive alternatives. **However**, in all instances, the use of seclusion must be in compliance with this policy.